



DAPHNE MFT WORKSHOP
15-16 DECEMBER 2011
BRUSSELS

Derek Taylor, Chandra Atkinson and Natasha Nascimento

THE MARLBOROUGH FAMILY DAY UNIT



They say

SELF SERVICE LAUNDERETTE+EXTRAS

STATEMENT OF INTENT

- **OUR ESTABLISHMENT ALLOWS YOU TO BE HANDS ON AND FULLY IN CHARGE OF YOUR BELONGINGS.**
- **WE ARE RENOWNED FOR PROVIDING A RELIABLE AND ECOLOGICAL SERVICE IN WHICH BAGGAGE IS RARELY DAMAGED OR LEFT BEHIND.**

We say

- **THIS IS A SUPPORTIVE AND SAFE ENVIROMENT WHERE FAMILIES ARE CENTRAL TO THE SUSTAINMENT OF CHANGE AND BETTER OUTCOMES.**

WHO CAN USE US

They say

- ANYONE WHO HAS DIFFICULTY SEPARATING THEIR WHITES FROM THEIR COLOURS AND OR KEEPING THEIR SOILED WHITES CLEAN.
- THE MANUFACTURER GUARANTEES TO ENSURE THAT INDIVIDUAL GARMENTS WILL RETAIN OR REVERT TO THEIR NATURAL COLOURS & SHAPES

We say

- WE ENDEAVOUR TO ENSURE THAT THE DISTINCTIVE, INDIVIDUAL CHARACTERISTICS & PERSONALITIES THAT SHAPE YOUR IDENTITY WILL BE INTACT AND OR ENHANCED FOLLOWING EXPOSURE TO DIFFERENT SITUATIONS, PEOPLES AND CULTURES.

Garment label: Intra-family conflict is a wide spread problem and exists in all layers of society, in the richest and the poorest. When there is social disadvantage, or marginalization, and other external stress sources, the risks of family conflict/violence are increased as poor or overcrowded housing, homelessness, financial hardship, trauma and experience of transitional racism, impact on family members which may contribute to lowering the threshold for family violence/emotional/psychological abuse.....

In these cases, families have to cope with both intra-family conflicts/violence as well as external stressors, which need to be taken into account in interventions as they may manifest themselves in education failure, parental-family dysfunction, clashes with the criminal justice system or the police and general problems accessing services, now or much later on.....

Care instructions: Interventions with families caught in such wide spread adversity will tend to be more intensive and complex requiring the hot house

(full 90°C cycle = multi-disciplinary- multi-family treatment packages)

in order to promote change, whereas in families where there is less intra-family conflict or if disputes are the only problem issue, less intensive, shorter

(50°C-quick spin = streamlined) interventions may be at times indicated.

(In doing so we are interested in)

Made in:

WHERE THEY COME FROM

WHAT DO THEY BRING
POSITIVE & NEGATIVE ASPECTS OF:

CULTURAL BELIEFS: RELIGION, SPIRITUALITY,
GENDER ROLES, GENDER IDENTITY, RULES,
PARENTING, GOALS/EXPECTATIONS, DISCIPLINE, LAW.

HOW DO THESE TAKE PLACE AND DIFFER ACROSS CULTURES

WHAT IS THE IMPACT OF THIS ON FAMILY LIFE

(Dry away from direct sunlight)

It is often frowned upon to air your dirty laundry in public, gossiping and telling tales with your neighbours, whereas this approach positively encourages airing your problems — hanging your clothes out to dry, sharing stories over the fence.....to exact change

GETTING TO KNOW YOU

During MFT much of the work can be target specific (stain removals), very direct and concrete in its explanation and or delivery. At other times it is more abstract in its themes and uses more externalised representations and metaphors

The latter tends to be less threatening and can be frequently utilised in gathering and sharing stories/information, although this can also prove to be too vague for others

Example: We often use (animals) as part of the process.

Today's workshop will give 1 or 2 examples about how we use these themes in our work.

How exercises are used to assist and promote the sharing of stories about difference and similarities, how these are managed.

How families come together with a common goal in their relationships with their children and others etc

1- meeting and sharing (finding your place)

2- who are they (animal reps)

3- goals/changing patterns (Sculpts)

4- use of film/video (tool and review)

Finding your place can be used at different stages; intro's at the start of treatment and intermittently throughout the group.

Similarly animal representations can be used in the same way, and often proves to be a very effective tool for all members of the family, especially when thinking about problematic behaviours of a specific individual person who are otherwise too threatening to be directly approached.

KEEP AWAY FROM FIRE
DO NOT IRON

Most children are able to talk about a lions roar and role play a lions wild and aggressive behaviour, but not so easy for them to talk about their parents; scolding, dismissive, angry stances towards them.

The use of audio-video material is yet another externalising tool which can be used to target issues and effect change both directly and indirectly.

What you get for your money

Ecological & Biodegradable Services

'WHITES, NON WHITES - FAST COLOURS, NON FAST COLOURS'

(NATURAL AND MANUFACTURED FIBRES)

BIOLOGICAL - NON BIOLOGICAL DETERGENTS

QUICK WASH- SHORT SPIN = Viability Work/ Short Targeted Inputs

(suitable for those with primary difficulties or specific problems that require some attention, and others who seek to update and improve problems areas already being addressed)

HOT WASH 90°C FULL CYCLE = LONGER INTENSIVE MFT WORK

(RECOMMENDED FOR THOSE ONGOING STUBBORN STAINS, WITH A GREATER OUTCOME)

Both say

**WHICH EVER PROGRAMME YOU CHOOSE
OUR SERVICE AIMS TO
GIVE YOU A NEW PERSPECTIVE
ON HOW YOU SEE YOURSELF AND OTHERS SEE YOU!**

‘sparkling’

and

**HOW THIS PROCESS BEGINS TO AFFECT CHANGE IN
INDIVIDUALS AND WITHIN THE WIDER FAMILY AND
OTHER RELATED SYSTEMS**

