



Vikasku = Yes! we can

WWW.



.dk

Developing MFT in a Day Treatment School.

Reflections on how to start up a group
focusing on Violence

Agenda

- Who are we ?
- “Vikasku” Family and day treatment school
- Possibilities and dilemmas in working with MFT in a day treatment school
- What makes changes possible?
- Experiences from starting up a MFT- group
- Wrap up



Presentation

- Who are we ?
- Facts about our organization
- The (hi)story about Vikasku



Vikasku's Identity

- We are working with the children and their parents in different contexts focusing upon change and development
- Systemic and narrative approach
- Holistic approach



Various sessions

- Small school units where the children are trained in reflections around personal development
- A range of work relations with the families:
 - Individually organized family consultations
 - Network consultations
 - Family activity days
 - Parent network forum
 - Multi-family groups
 - Individual family school days



Possibilities and dilemmas in working with MFT in a day treatment school

- Possibilities

The multiple context interaction with the families provides some unique possibilities to create changes

You can built up strong family network because you are working with the families for normaly 3 -4 years

- Dilemmas

When you work with families in different contexts some will be voluntary and some not....

The children may be faster than their parents in the change process, so separate sessions with the parents may be needed (Parent courses, parent sessions, parent network groups)